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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

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**FORM 8-K**

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**CURRENT REPORT  
Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934**

**Date of Report (Date of earliest event reported) January 14, 2009**

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**MEDIA GENERAL, INC.**  
(Exact name of registrant as specified in its charter)

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**Commonwealth of Virginia**  
(State or other jurisdiction  
of incorporation)

**1-6383**  
(Commission File Number)

**54-0850433**  
(I.R.S. Employer  
Identification No.)

**333 E. Franklin St., Richmond, VA**  
(Address of principal executive offices)

**23219**  
(Zip Code)

**Registrant's telephone number, including area code (804) 649-6000**

**N/A**  
(Former name or former address, if changed since last report.)

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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**Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements for Certain Officers**

On January 14, 2009, the Executive Committee of the Board of Directors adopted an amendment effective January 14, 2009 to the Media General, Inc. Supplemental 401(k) Plan, which suspends any Company match contributions to the Plan beginning on the first day of the first full payroll period starting on or after April 1, 2009, and ending with the last pay period that begins prior to December 31, 2009. This modification coincided with a similar amendment to the Media General Advantage 401(k) Plan. A copy of the Supplemental 401(k) Plan amendment is filed as an exhibit hereto.

**Item 9.01 Financial Statements and Exhibits.**

d) Exhibits

10.01 Matching Contribution Amendment to the Media General, Inc., Supplemental 401(k) Plan effective January 14, 2009.

## SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**MEDIA GENERAL, INC.**  
(Registrant)

Date **January 20, 2009**

**/s/ John A. Schauss**  
John A. Schauss  
Vice President - Finance  
and Chief Financial Officer

**MATCHING CONTRIBUTION AMENDMENT  
TO THE  
MEDIA GENERAL, INC., SUPPLEMENTAL 401(k) PLAN**

Media General, Inc. (the "Company"), hereby adopts the following amendment to the Media General, Inc., Supplemental 401(k) Plan (the "Plan"), effective January 14, 2009, pursuant to action taken by the Executive Committee of the Board of Directors of the Company on this date.

A new paragraph is added at the end of Section 5.03 of the Plan, Matching Contributions, which shall read as follows:

Notwithstanding the foregoing provisions of this Section 5.03, no Matching Contributions shall be made by the Company or credited under the Plan for the period beginning on the first day of the Company's first full payroll period starting on or after April 1, 2009, and ending with the last pay period that begins prior to December 31, 2009.

/s/ James F. Woodward, Vice President

James F. Woodward, Vice President

Date: January 14, 2009

January 14, 2009